











## Allergy Menu C - Week Commencing: 05.01.26

\*Low in Sodium & Refined Sugars

\*Nut Aware

\*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>TWO FRUITS W/ SOY / RICE / LF MILK</p>	 <p>TWO FRUITS W/ SOY / RICE / LF MILK</p>	 <p>TROPICAL FRUIT PLATTER W/ SOY / RICE / LF MILK</p>	 <p>LF / CHEDDAR CHEESE &amp; MULTIGRAIN VITA WEATS / HUMMUS &amp; BROWN RICE CRACKERS W/ CRUDITES</p>	 <p>BANANA &amp; MANGO W/ SOY / RICE / LF MILK</p>
LUNCH	 <p>BEEF BOLOGNAISE PASTA / GF DF BEEF BOLOGNAISE / CHEESY VEGETABLE / GF DF VEGETABLE SPAGHETTI</p>	 <p>DF PUMPKIN &amp; PEA PASTA / GF DF PUMPKIN &amp; PEA PASTA</p>	 <p>CAJUN CHICKEN SLIDER / GF DF CHICKEN BURGER PATTIES / GF DF VEGGIE BURGER PATTIES W/ PINEAPPLE</p>	 <p>NOT SO CHILLI CON CARNE W/ CHEESE, RICE &amp; BROCCOLI</p>	 <p>AUSSIE BEEF BURGER W/ BEETROOT</p>
AFTERNOON TEA	 <p>GF DF STICKY DATE PUDDING</p>	 <p>GF DF VEGETABLE EMPANADA / VEGETABLE SAUSAGE ROLL / GF DF BEEF &amp; KALE SAUSAGE ROLL</p>	 <p>LF CHEESE &amp; TOMATO PIZZA / GF &amp; DF TROPICANA PIZZA POCKET</p>	 <p>GF DF GARLIC BREAD / GF LF GARLIC BREAD W/ ORANGE WEDGES</p>	 <p>GF DF TUNA &amp; TOMATO DIP / PUMPKIN HUMMUS W/ BROWN RICE CRACKERS</p>